



LIFTING AND SLINGING

Upon successful completion of the course the operator will be able to demonstrate how to undertake safe methods of checking, attaching and storage of lifting accessories; operate an overhead pendant-controlled electric crane/hoist correctly and safely in line with industry best practice guidance.

Course:	Duration:	Certification:	Delegates:	Event Cost:
Lifting and Slinging On-site	1 Day Novice or ½ Day Experienced Operatives	Centre Certificated by Rochdale Training (Refresher recommended 3 yearly)	Max 6 per session	Prices available upon request

1 Course Content:

- Introduction to applicable legislation
- Employer and Employee obligations under the Health & Safety at Work Act
- Applying relevant aspects of the LOLER Regulations
- Carrying out pre-operation inspection/checks of equipment and accessories
- Understanding the need to plan the work
- Identifying site and workplace hazards
- Applying crane and hoist safe operating procedures
- Assessing loads including methods of de-rating
- Correctly using chain slings, fibre slings, shackles, eyebolts etc.
- Understanding the safety principles in relation to hoisting and slinging angles etc.
- Operating signals (where required)
- Shutdown procedures
- Workplace training and observation/assessment

2 Method

- All Lifting & Slinging courses are delivered onsite at our customers premises.
- Theory is delivered within a meeting room/classroom alongside practical training & assessment within the workplace using your company's LOLER compliant lifting equipment and accessories.

3 Delegate Experience

- None needed for Novice Course
- Previous training/long term industry Lifting & Slinging experience is required to attend the ½ day Experienced Operatives Course

4 How to Apply

Contact Jeremy Roberts or Lorna Ball on 01706 631417 or jroberts@rochdaletraining.co.uk, lball@rochdaletraining.co.uk