



qualsafe
registered centre
Centre No.: 0906442



First Aid at Work



3 Day Course



Certificate Valid
for 3 Years



Ofqual
Regulated

Is your workplace prepared?

Did you know that an estimated 441,000 workers in Britain sustained an injury at work in 2021/22?

The Health and Safety (First Aid) Regulations 1981 require all employers to make arrangements to ensure their employees receive immediate attention if they are injured or taken ill at work. This includes carrying out a risk assessment, appointing a suitable amount of first aiders and providing appropriate first-aid training. However, having the correct first aid provision in the workplace is not just a legal requirement, it is vital for the safety of all members of staff!

The QA Level 3 Award in First Aid at Work (RQF) qualification is specifically designed for individuals who wish to act as a first aiders in their workplace. Successful candidates will learn how to manage a range of injuries and illnesses that could occur at work and will be equipped with the essential skills needed to give emergency first aid.

What's more, as a regulated qualification, employers can book this course for their employees and rest assured that they have fulfilled their legal responsibilities for providing quality first aid training, without having to undertake any lengthy due diligence checks.

What is covered?

- The role and responsibilities of a first aider
- Assessing an incident
- Managing an unresponsive casualty
- CPR and defibrillation
- Recovery Position
- Heart Attack
- Stroke
- Choking
- Epilepsy
- Asthma
- Diabetes
- Anaphylaxis Shock
- Head and spinal injuries Chest injuries
- Wounds and bleeding Fractures
- Sprains, strains and dislocations Minor injuries
- Burns and scalds
- Poisoning
- Eye injuries



qualsafe
registered centre
Centre No.: 0906442

1 Fishwick Street, Rochdale, OL16 5NA
 www.rochdaletraining.co.uk/courses-offer

Contact Jeremy Roberts or Lorna Ball on 01706 631417
or jroberts@rochdaletraining.co.uk,
lball@rochdaletraining.co.uk

