



qualsafe

registered centre

Centre No.: 0906442

Emergency First Aid at Work



1 Day Course



Certificate Valid
for 3 Years



Ofqual
Regulated

Is your workplace prepared?

Did you know that an estimated 441,000 workers in Britain sustained an injury at work in 2021/22?

The Health and Safety (First Aid) Regulations 1981 require all employers to make arrangements to ensure their employees receive immediate attention if they are injured or taken ill at work. This includes carrying out a risk assessment, appointing a suitable amount of first aiders and providing appropriate first-aid training. However, having the correct first aid provision in the workplace is not just a legal requirement, it is essential for the safety of all members of staff!

The QA Level 3 Award in Emergency First Aid at Work (RQF) qualification is designed for individuals who wish to act as emergency first aiders in their workplace. Upon successful completion of this qualification, candidates will be equipped with the essential skills needed to give safe, prompt and effective first aid in emergency situations.

What's more, as a regulated qualification, employers can book this course for their employees and rest assured that they have fulfilled their legal responsibilities for providing quality first aid training, without having to undertake any lengthy due diligence checks.

What is covered?

- The roles and responsibilities of an emergency first aider
- Assessing an incident
- Managing an unresponsive casualty
- CPR and defibrillation
- Recovery Position
- Choking
- Seizures
- Shock
- Wounds and bleeding
- Minor injuries; cuts, grazes and bruises, minor burns and scalds.



qualsafe
registered centre
Centre No.: 0906442

 1 Fishwick Street, Rochdale, OL16 5NA

 www.rochdaletraining.co.uk/courses-offer

Contact Jeremy Roberts or Lorna Ball on 01706 631417
or jroberts@rochdaletraining.co.uk,
lball@rochdaletraining.co.uk

