



CONFINED SPACE AWARENESS

This course is designed for all personnel responsible for the design of safe working practices and have overall responsibility and supervision of personnel entering into confined spaces. It covers the legislation surrounding confined space entry, techniques for recognising potentially hazardous situations and their remedies and good safety practices.

This course would suit managers, charge hands and supervisors who also manage confined space operations.

Course Location:	Duration:	Certification:	Delegates:	Event Cost:
On-site or local Training Centre	1 Day	Centre Certificated by Rochdale Training (Refresher recommended 3 yearly)	On-site max 12 or open course for individuals	Prices available upon request

1 Aims and Objectives of the Course:

- Delegates will receive theoretical training in the safe entry and exit of Confined Spaces and a practical session including identifying the wide range of confined space safety equipment and its uses.
- On successful completion of this course all candidates will have received sufficient information and training which complies with HSE's publication INDG258 and thus be deemed competent in Confined Spaces Awareness.

2 Content

- Health & Safety Legislation (duties and responsibilities)
- Hazard recognition and risk assessment
- Selection of breathing apparatus
- Inspection and care of equipment
- Safe entry into a confined space
- Dangers of confined space working

3 Method

- Presentation, lecture, practical session, and discussions.

4 Delegate Experience

- Previous experience is not required.
- All delegates MUST be physically fit and able to carry out any practical elements of the course.

5 PPE Required

- Safety helmet, safety footwear, gloves and overalls

6 Achievement

- On successful completion of this course all candidates will receive a certificate of training which complies with INDG258 and thus be deemed competent in Confined Space Awareness.

7 Venue and Equipment Requirements

- Classroom facility such as tables, chairs and screen.

8 How to Apply

Contact Jeremy Roberts or Lorna Ball on 01706 631417 or jroberts@rochdaletraining.co.uk, lball@rochdaletraining.co.uk